



City of
Litchfield
Park



Shop The Park

VOLUME 11, ISSUE 6

NOVEMBER, 2015

Shop & Dine Local for the Holidays

Anytime Fitness Opens at Wigwam Creek

Shape Up 24/7

When you walk into the new Anytime Fitness, there is a “wow” factor admits Manager Ryan Barnes. The facility is spotless with shiny new pieces of fitness equipment arranged throughout the 7,400 square feet of space in the Wigwam Creek Shopping Center. The facility has everything: open 24/7, free weights, cardio and resistance equipment, and fitness classes. The facility in Litchfield Park is a franchise owned by a partnership out of Fargo, North Dakota.

Their General Manager Ryan Barnes, is a former college track athlete who started with Anytime in Fargo. Ryan was a high jumper and hurdler at Minnesota State University Moorhead. Ryan moved to Litchfield Park to open and manage the store. Ryan also transferred to the Arizona Army National Guard and is a NASM Certified Personal Trainer. He also studied Exercise Science at college.

The Anytime Fitness brand has about 2,500 locations worldwide. If you are a member of one, you can access any location, anytime. One very cool feature in Litchfield Park is the virtual class room. With an overhead projector and screen, a member or group can take a class “anytime”. The touchscreen panel gives you choices for yoga, kick boxing, spinning, dance and senior fitness. In total, there are about 50 different classes a member could take.

All twenty pieces of cardio equipment have TV screens. In addition, there are eight 55 inch LG TV sets mounted strategically to watch while members work out. The cardio includes treadmills, bikes, ellipticals, striders, seated rowers and stair climbers. Free weights cover 1,200 square feet. Ultra Body Fitness provides personal trainers for the Litchfield Park franchise. Robert Suman is on-site every day and manages that staff.



Anytime Fitness Manager Ryan Barnes

Security is a high priority with the facility open 24/7. Staff is present during the day until early evening. In addition there are 16 security cameras and a system of alert buttons, one stationary and mobile ones for around your neck. For changing and showering there are private men's and women's restrooms that lock for privacy.

For the month of October, they are supporting breast cancer awareness. For every mile on the special treadmill, a dollar is donated. Also, for a limited time, there is no joining fee and the first month is free. They also offer a seven day free pass. Visit www.ANYTIMEFITNESS.com for details. Stop by and take a look or call 623-935-2737. They are located at 12598 W. Indian School Road, near the corner of Indian School and Dysart Road in Litchfield Park.



SHOP, DINE AND WORSHIP IN LITCHFIELD PARK

by Darryl H. Crossman, City Manager

Did you know that when you shop and dine in your hometown of Litchfield Park, a portion of the sales tax you pay provides revenue to the City of Litchfield Park for expenses of municipal services such as: park maintenance, road maintenance, Recreation Center activities, recreation programs, police contract, code compliance, and other operational needs? Did you know that there is only one grocery store located in the City of Litchfield Park? If you guessed Albertsons, you are correct! However, in summer 2016, the City will be welcoming Fry's Marketplace to be located on the corner of Camelback and Litchfield Roads.

Since our community is much smaller than others in the Valley, and does not have a local property tax, sales tax revenue has a great impact on our City budget. I realize that our City does not offer shopping and dining to meet all needs, but I would encourage you to help keep your tax dollars at home by shopping and dining in Litchfield Park whenever possible. Keep in mind the sales tax you pay in Litchfield Park stays in Litchfield Park to help pay for City services. Help us keep Litchfield Park sales tax in our own community.

Grocery	Albertsons	623.535.7991
Fuel Station	Valero Corner Store	623.535.6611
Pharmacies	CVS/Pharmacy	623.547.4799

Worship

Vastago Epicentro 447 S. Old Litchfield Road	623.398.7937	The Church at Litchfield Park 300 N. Old Litchfield Road	623.935.3411
St. Peter's Episcopal Church 400 S. Old Litchfield Road	623.935.3279	The Church of Jesus Christ of Latter-Day Saints 301 W. Wigwam Boulevard	623.536.3463

DOWNTOWN

Wigwam Boulevard & Old Litchfield Road

Dining

Blu Sushi	623.935.9730
Lazy Palm Sports Grill	623.518.6388
Litchfield's *	623.935.3811
Old Pueblo Café	623.935.5059
Park Café	623.535.6661
Red's Bar & Grill *	623.856.1094
The Litchfield Taproom	623.536.4804

Service Providers

Charity Realty	623.536.5010
Edward Jones Investments	623.935.3138
Elizabeth Arden Red Door Spa *	623.535.4967
Ellsworth & Warren Family Dentistry	623.935.9376
Essential Properties	623.932.2000
Fringe Salon	623.935.0505
Haircutters in the Park	623.935.9505
Henry's Barber Shop	623.935.7467
KM Advisory Group, LLC	623.935.5101
Morrisette Martial Arts	623.935.0400
Smith Law Offices	623.935.2870
Tri West Realty	623.536.9378
Wigwam	623.935.3811
Wigwam Golf	623.935.9414





PLAZA IN THE PARK
Litchfield & Camelback

Dining

Ground Control 623.535.9066
La Loma Mexican Grille 623.935.0981



Service Providers

Allstate Insurance 623.486.1828
Banner Health Clinic 623.474.8370
Bradley Chiropractic Center 623.547.0922
CVS /Pharmacy 623.547.4799
Edward Jones Investments 623.935.3959
Fit Body Boot Camp 623.536.2537
Glamor Nails & Spa 623.536.3330
Goldilocks Children's Indoor Playland 602.446.5934
Litchfield Center for Restorative Dentistry 623.935.5055
Litchfield Park Pool Service & Supply 623.935.5121
Little Sunbeams Preschool 623.935.0422
NR Chiropractic 623.512.8568
Salon Glow 623.536.6288
The Carin Nguyen Team 623.223.1663
The Smoke Shop 623.535.1010
Wee Care Corporation 623.935.6040
Wright Orthodontics 623.547.2020

WIGWAM CREEK SHOPPING CENTER
Indian School and Dysart

Dining

China Red Café 623.535.7599
Famous Johnny B's Pizzeria 623.535.5232
KFC 623.535.5528
McDonald's 623.935.7710
Señor Taco 623.935.0343
Subway 623.536.9401
and Dessert
Baskin Robbins 623.535.4488



Service Providers

Albertsons 623.535.7991
Anytime Fitness 623-935-2737
Compass Bank 623.547.2440
Cowtown Skateboards 623-536-2345
Embassy Tanning 623.935.0021
Fantastic Sams 623.535.3989
Goodyear Tire & Auto Service Center 623.536.0613
Hacienda Del Rey 623.498.8682
Lavender's Day Spa 623.547.0204
Leslie's Swimming Pool Supplies 623.547.3807
O'Reilly Auto Parts 623.536.0490
Osco Pharmacy (Albertsons) 623.535.7153
Sun West Nails 623.547.3844
US Bank (Albertsons) 623.536.2407
Valero Corner Store & Fuel Station 623.535.7991
Wigwam Creek Dental Care 623.547.0010



LA LOMA MEDICAL PLAZA
LA LOMA VILLAGE – SENIOR LIVING COMMUNITY
Camelback & Litchfield Roads



Health & Well-being Providers

Academic Urology & Urogynecology of Arizona	623.547.2600
La Loma Internal Medicine & Pediatrics	623.975.8400
Lab Corp	623.536.7477
Litchfield Dental Care	623.547.0307
Pinnacle Family Medicine	623.935.9600
Roschamboe Medical Office	623.535.5488



La Loma Village

La Loma Health Care Center	623.537.7400
La Loma Community	623.537.7500

